



# ANNUAL REPORT

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2024  
EDITION

# A WORD FROM OUR LEADERSHIP

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Dear Recovery Café Muncie Community,

I am thrilled to share with you the remarkable progress we've achieved this past year. Our membership has grown exponentially, with new members joining our community every week. This growth is a testament to the welcoming and supportive environment we strive to create. Our members' dedication and the sense of belonging we foster are the cornerstones of our success.

We've significantly increased our services and programming in response to our expanding community. We've introduced new support groups, programs, and activities that cater to a wider range of needs and interests. These additions have enriched the Recovery Café experience and provided our members with more resources to support their journeys. Our team's commitment to innovation and excellence ensures that we continue to meet the evolving needs of our community.

As we look ahead to 2025, I am excited to announce our upcoming relocation to a more accommodating space. This move will enable us to serve our growing membership better and expand our offerings even further. Our new location will provide the facilities and environment necessary to support our community's continued growth and development. We are eagerly anticipating this new chapter and the many opportunities it will bring.

Thank you for your unwavering support and dedication to Recovery Café Muncie. Together, we are building a stronger, more resilient community.

In gratitude,  
Lisa Roossien  
Executive Director, Recovery Café Muncie

# 2024 HIGHLIGHTS

## MEND PROGRAM

We are excited to announce that RCM's new MEND program, launched in January 2024, has succeeded greatly. The name of this MEND program is an acronym that describes how our Peer Recovery Coaches help guide individuals:

- **M**otivate to change,
- **E**mpower to set goals,
- **N**avigate barriers, and
- **D**iscover new potential!

In 2024, seven recovery coaches met with 34 participants to navigate early recovery. In the MEND program, members who were elevated into the role of Peer Recovery Coach are paired up with new or struggling members. They provided weekly individualized, one-on-one recovery coaching for at least three months, all at no cost to participants. These coaches are supervised through weekly consultations with RCM staff, offered a stipend for their time, and awarded the opportunity to transform their past mistakes into assets for the next person who walks through the door.



## BECOMING A FULL MEMBER OF RECOVERY CAFÉ NETWORK

In 2024, Recovery Café Muncie proudly became a full member of the Recovery Café Network after a rigorous evaluation. This notable milestone recognizes our commitment to excellence in recovery support. This incredible nationwide network spans 77 locations and is dedicated to training new Cafés on adapting the Recovery Café Model. This affiliation will enhance our ability to serve Muncie and its surrounding communities.



# 2024 HIGHLIGHTS CONT.

## MARY'S MILES 5K FUN RUN

In 2024, Recovery Café Muncie partnered with a local grassroots group to launch Mary's Miles 5K Fun Run in memory of Mary Phillips Maxwell, a loving mother and talented artist whose battle with addiction stemmed from chronic pain.



Mary's daughter, Erin, created this event to honor her mother's legacy and turn loss into purpose. The run brought the community together to reflect, heal, and support addiction recovery. Moving forward, Mary's Miles 5K will be an annual fundraiser, with all proceeds benefiting Recovery Café Muncie.

## BALL STATE UNIVERSITY'S IMMERSIVE LEARNING PROGRAM

We collaborated with Ball State University's Immersive Learning Program on projects that amplified the voices of those in recovery at Recovery Café Muncie. Together, we created:

- A moving video
- A photography showcase
- A recovery book

This partnership went beyond projects—it built bridges. Students engaged with real stories, while Recovery Café Muncie amplified its mission and fostered empathy in the community.





# MEMBER STORIES

## DWAYNE JOHNSON

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Dwayne Johnson, a long-term Recovery Café Muncie member, overcame serious health challenges this year, celebrating three years of sobriety with the unwavering support of his Recovery Café Muncie family.



In November, he achieved a major milestone by earning the title of Chef Dwayne after graduating from culinary school. Dwayne also serves as a Certified Peer Support Professional, Recovery Circle Facilitator, and MEND Recovery Coach.

His journey reflects the power of community, determination, and love. We are proud and grateful to have him as part of our Recovery Café Muncie family.



## GARY MCCOY

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Gary McCoy's journey to Recovery Café Muncie began after years of battling trauma, addiction, and homelessness. Though he had embraced sobriety, he felt his recovery lacked joy and purpose.

At Recovery Café Muncie, Gary found a community that gave him new meaning. Starting as a Café Companion, his dedication led to a promotion to Member Leader, where he managed the Closet & Pantry.

After six months, Gary became a Senior Member Leader and earned his certification as a Peer Support Professional. Today, he leads Recovery Circles and provides coaching through the MEND program, using his experiences to help others find hope and purpose.

# LEADERSHIP SPOTLIGHT

## SEAN'S LEADERSHIP JOURNEY

*Sean Cox joined Recovery Café Muncie's leadership team with a strong dedication and a personal understanding of the importance of community in recovery.*

Sean's life took a heartbreaking turn at 19. Despite excelling in sports and academics, he was haunted by childhood abuse and a devastating motocross accident. College life introduced him to substance abuse, paranoia, and depression, leading to a diagnosis of schizophrenia and multiple hospitalizations. Venturing into Recovery Café Muncie (RCM) was a monumental and terrifying step for Sean, but he found a sanctuary of support and understanding within its walls. The community at RCM embraced him, helping him grow from a fearful newcomer into a confident leader, progressing through various levels of leadership.

In 2024, Sean's dedication was recognized with a promotion to staff member at RCM, where he now serves as Café Manager. His incredible journey was further honored with the Patricia Wheaton Award from the National Alliance on Mental Illness (NAMI), and he recently graduated from college. Sean exemplifies the power of taking recovery one step at a time, letting go of the small stuff, and celebrating the wins. Congrats, Sean!





# METRICS & OUTCOMES

**938** individuals served  
(compared to 557 in 2023)

**278** committed to RCM  
membership (compared to 110 in 2023)

**8,094** meals (compared to 4,417 in 2023)

**87** volunteers (compared to 78 volunteers in 2023)

**1,017** total volunteer hours  
(compared to 844 hours in 2023)



# IMPACT SURVEY HIGHLIGHTS

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Recovery Café Muncie members take surveys on day one and every three months to track their progress. Here are the measured outcomes for 2024:

- 88% of members have experienced homelessness (compared to 66% in 2023).
- 81% report improved housing situations since joining Recovery Café Muncie (compared to 77% in 2023).
- 70% of members are in recovery from alcohol or drug use.
- 86% report that Recovery Café Muncie helped prevent substance use relapse (compared to 75% in 2023).
- 84% reported stabilized mental health (down from 87% in 2023).
- 92% increased their desire for recovery (same as in 2023).
- 98.5% of members feel connected to the Recovery Café Muncie community (up from 97% in 2023).

Every meal served, every member supported, and every volunteer hour contributed adds another layer to the hope we brew together. These numbers are more than metrics—they're proof of a community's shared belief in recovery and resilience.





# FINANCIAL HIGHLIGHTS

## 2024 FINANCIAL PLANNING

In 2024, we focused on reducing reliance on state-level funding by diversifying our sources and securing more local funding. We successfully decreased state-level funding from 63% to 40% and increased local funding from 22% to 50%.

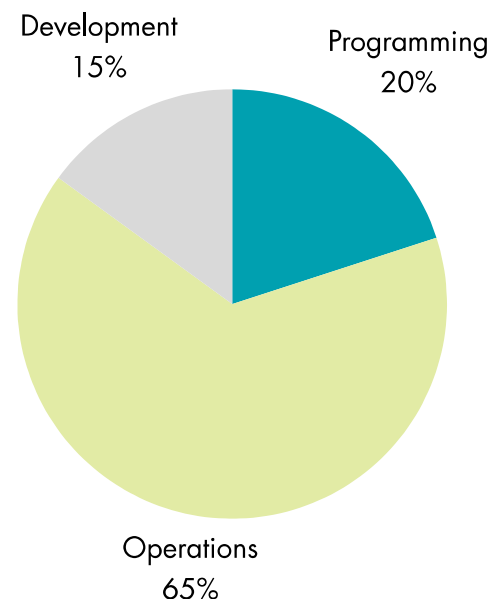
We are thrilled to announce that we have received county-level funding from Health First Indiana, facilitated through the Delaware County Health Department. This generous support will enable us to enhance our efforts to promote community health and wellness. Together, we aim to implement impactful programs and initiatives that will significantly improve our residents' overall health and well-being.

Additionally, we are grateful for the volunteer hours and in-kind donations from our community, as well as the class facilitation and no-cost services provided by our community partners. This increased support allowed us to redirect funding towards development, enabling us to continue growing and expanding our impact.

## REVENUE SOURCES

- **Donations:** \$25,000 (10%)
- **Local Grants:** \$124,000 (50%)
  - Indianapolis Colts Kicking the Stigma Foundation
  - Community Foundation of Muncie and Delaware Co
  - City of Muncie
  - Delaware Co Health Dept
  - Ball Brothers Foundation
  - Heart of Indiana United Way
  - First Presbyterian Church
- **State Grants:** \$105,000 (40%)
  - Division of Mental Health and Addiction

### Expenditures:



Recovery Café Muncie thrives because of the generosity of our donors, volunteers, and community partners. Their dedication fuels everything we do—from providing meals and essential services to creating a welcoming space for recovery.

Volunteers contributed over 1,000 hours this year, ensuring our programs remain strong and accessible. In-kind donations and no-cost services from partners further reduced expenses, allowing us to reinvest in development and growth.

Every dollar, every hour, and every act of generosity helps brew new opportunities for recovery, healing, and connection. Together, we are creating something truly special.



## DEB SMITH'S VOLUNTEER SPOTLIGHT

Deb, a retired teacher, joined Recovery Café Muncie as a volunteer looking for a meaningful way to stay connected with her community. As a Café Companion, she brings warmth, laughter, and a willingness to teach others, including sharing her technology skills with members.

**"I found a community of people that enjoy learning, helping each other, and themselves," Deb shares.**

Deb's enthusiasm and dedication to fostering connections and creating a positive environment make her an invaluable part of the Recovery Café Muncie family. Thank you, Deb!



# DONOR RECOGNITION

Recovery Café Muncie's work would not be possible without the incredible generosity of our donors. Their unwavering support has allowed us to expand our programs, provide vital services, and create a stronger community. Below is a list of those who have made a difference in 2024:

Adams, Beckie  
Backer, Jennifer  
Baker, Paige  
Bank, First Merchants  
Benn, Jake  
Bernstein, Douglas  
Bertram, Casey  
Branam, Linda  
Brantley, Makenzie  
Bricker, Madison  
Campbell, Natalia  
The Campus Edge  
Christian Assn, Young Women's  
City of Muncie, Dan Ridenour  
Complete Comfort Heating & Cooling  
Crow, Linda  
Dale, JD  
Dale, Ramona  
Daniel, Linda  
Deckers, Lambert  
Desmond, Susan  
Dillon, Susan  
Dodson, Gary  
The Donati Family  
Donati, Jordan  
Douglas, Samantha  
Errington, Sue  
F45 Training Muncie  
First Presbyterian Church  
Foltz, Jonathan  
Forcum, James  
Foster, Johnnie  
Frost, Barbara  
Gale, Patricia  
Gluvna, Abby

Gluvna, Ron  
The Green Family  
Haney, Robert  
House, Mary  
Howard, Aileen  
Hughes, D'Iorah  
Hughes, William  
Hull, Melissa  
Isley, Augusta  
Ivy, Richard  
Janney, Laura  
Jereb, Jill  
Kaminsky, Lenny  
Kim Dowling, Friends of  
The King Family  
Kreidl, Joe  
Kring, Neil  
Laycock, Kelsey  
LifeStream Services  
Luna, Andrey  
Mager, Gennifer  
Malone, Keeley  
Mark, Michael  
McCollum, Beth  
McCune, Bill and Jan  
McIntire, Emily  
McKean, Jerry & Linda  
MD Wise  
Meridian Health Services  
Midlik, Stephanie  
Miller, Joyce  
Musselman, Lexi  
Nauman, Carol  
Nichols, Julie  
Ochs, Agnes

Ottinger, Larry  
Papa, Al & Tracey  
Papa, Bill  
Papa, Michela  
Paul, Erin  
Perkins, Bruce  
Place, Jean Marie  
Prime Trust Financial  
Ridenour, Daniel  
Riggin, Sherry  
Roddy, Morgan  
Rogers, Bill  
Roossien, Douglas & Lisa  
Roseberry, Delaney  
Rudnicki, Nicole  
Said, Tania  
Schaar, Nicole  
Scranton, Mark  
Sellman, Esther  
Selvey, Ro  
Sims, Lamonica  
Stanley, Tricia  
Starkey, Ali  
Strange, Larry  
Stults, Emily  
Thaller, Carolyn  
Thaller, Jonel  
Trosper, Travis  
Unitarian Universalist Church of Muncie  
Voss, Johanna  
Webster, Amanda  
Weeks, Ashley  
West, Ashley  
Wilson, Luke



# LOOKING AHEAD

2025 is brewing with hope and opportunities for Recovery Café Muncie. Our upcoming relocation will create space for more connection, healing, and growth than ever before. We'll share more details about the move soon, so stay tuned to your email and social media for updates!

We are excited to continue expanding our programming in a new location. This move will allow us to enhance our services and reach more individuals in need, providing them with the support and resources necessary for their recovery journey. We are excited to focus on reaching new populations, like college students, veterans, and senior citizens, and provide tailored support and resources to meet the unique needs of these groups.

In addition to our new location, we are extending our services to satellite locations. Our first satellite Recovery Circle for college students held near Ball State's campus will be starting this Spring. This expansion lets us connect with the student population and introduce recovery concepts to this vibrant community.

We are exploring a partnership with a Veterans recovery coach. Veterans often face unique challenges when it comes to recovery, including dealing with trauma, reintegration into civilian life, and finding a supportive community. By offering specialized support for veterans, we aim to address these challenges and provide a safe space where they can heal and thrive. Helping veterans is crucial because they have given so much in service to our country, and it is our duty to ensure they receive the care and support they need.

This year, we are particularly focused on strengthening our partnership with Vantage Aging Workforce to provide employment opportunities to seniors. By doing so, we not only support their recovery but also help them regain a sense of purpose and independence.

We're especially excited for our April fundraiser, "Hope is Brewing," where every conversation, every donation, and every shared moment will help sustain our mission. Together, we'll keep filling cups with hope, offering second chances, and building a community where recovery thrives. Please watch for more fundraising details to see how you can play a role in our ongoing growth and success!

Stay tuned for more details—we can't wait to have you join us in making 2025 a year brewing with HOPE!